



STUDENT SUCCESS STORY

A SURVIVOR'S SUCCESS STORY

OVERCOMING ADVERSITY TO BUILD A BRIGHTER FUTURE AND HELP OTHERS



JESSICA K.'s journey is a testament to the power of overcoming obstacles to achieve one's goals and the transformative impact of education. Her untiring spirit led her to pursue an **ACE Personal Trainer** certification through **Boise State University (BSU)**

Independent Studies, a decision fueled by a desire to empower the women she served at the Boise Rescue Mission.

Jessica's path to success was not without its challenges, such as sitting and retaining large amounts of course material. Yet, with determination and the support of vocational rehabilitation, she overcame these hurdles. The flexibility and accessibility of the **ed2go** platform proved invaluable in accommodating her learning style and enabling her to progress at her own pace.

Through her academic journey, Jessica grew into a confident and knowledgeable fitness professional. Her passion for helping others blossomed as she developed a comprehensive health and fitness program for the Boise Rescue Mission staff and program members. Her story is an inspiration, demonstrating that with the right support and resources, individuals can overcome their own unique challenges and achieve extraordinary things.



"As someone who finds it extremely difficult to focus and retain information, ed2go made it possible for me to reach my goals. Thank you for all the time and support you have given to help me achieve my dreams."

CHALLENGE

Jessica found it challenging to sit for long periods and memorize large amounts of material.

SOLUTION

Online, self-guided ed2go course:

- **ACE Personal Trainer** certification

RESULTS

Empowered by the **ACE Personal Trainer** certification and armed with new knowledge, Jessica is actively developing a health and fitness program for the Boise Rescue Mission, guiding staff and program members to lead healthier lives.



73,000 NEW JOBS BETWEEN NOW AND 2033

are projected for Fitness and Personal Trainers,
with job growth forecast at 14% per year

Source: U.S. Bureau of Labor Statistics

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